



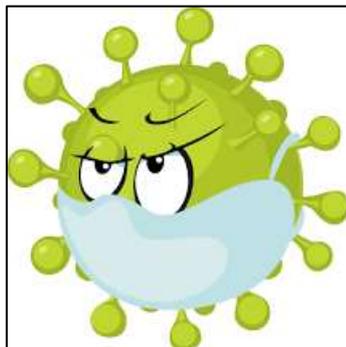
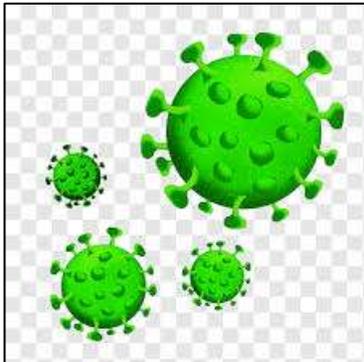
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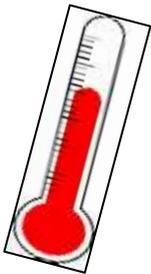
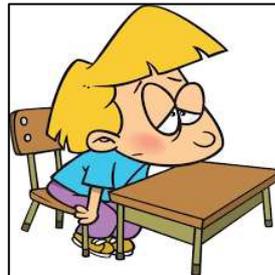
## What is the Coronavirus?



The Coronavirus is a virus that can make some people feel unwell. It's sometimes called COVID-19

People who have Coronavirus may feel:

Tired



Have a fever, Sore throat or a Dry cough

Shortness of Breath



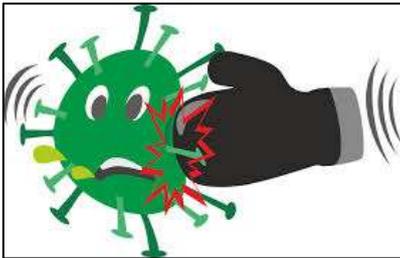
Most people who have the Coronavirus will stay at home to get better.



Some people will need to go to hospital so a doctor can help them to get better.



This virus can be passed from person to another by shaking hands or through the air when someone coughs or sneezes.



**There are things that I can do to help stop the virus.**

I can help to stop the spread of germs by washing my hands often with soap and water



I can take my time when I wash my hands. I need to make sure that I wash all over my hands and between my fingers too. I can count to 20 to make sure I have washed my hands for long enough.



I can also use hand sanitiser if there is no soap to use.



I can cover my coughs and sneezes with my elbows.



When I do these things, I will be helping to stop COVID - 19

There are some changes that might make me feel worried or upset. It's ok to feel like this. My parents or carers will help me feel safe.

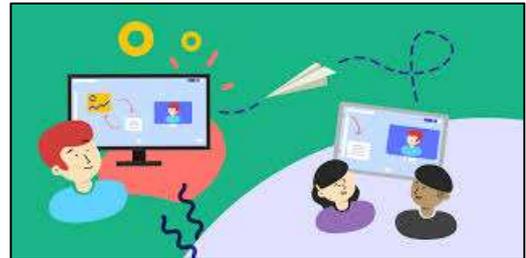
There is no school at the moment, but my parents or carers will let me know when it's ok to go back to school.



I can't go to my favourite places for now, but once the Coronavirus is gone I'll be able to go out to my favourite places again.



I may have to do some learning online.



I will stay at home and find some fun things to do at home.



I know I will be safe at home and I don't have to feel afraid.

**I am safe with my family.**

