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ASD Tips

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The Diagnosis for Family and Friends

Family

Understand that they won't 'grow out of it'

Parents

Find clear information
Know what you want to say to others
Be positive

Parents

Talk about the positives to others
Discuss the difficulties
you may be facing

Grandparents

Build a positive bond
Always include the ASD child

Siblings

Reassure that they can't catch 'it'
Allow them to express their feelings
Give them the words to describe the
diagnosis

Be a friend to an ASD child

Accept their differences
Invite them to play
Sometimes, join in the activities they
like to play

Words that are not helpful to families

"He's such a boy"
"All kids do that"

