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ASD Tips

Consultant – Author – Presenter



Creating opportunities for friendships

There are many times and places where we can create opportunities for friendship. We need to find these opportunities in

places where the ASD person feels comfortable and not force the situation. What I mean is that we create an opportunity while the ASD person is engaging in an activity that they enjoy.

Some examples:

- Class times:
 - Use his special interest. Allow him to introduce someone else to his special interest so they can share ideas etc.
- Teach them to teach others.
 - People respect and like to associate with others who are good at something. This gives them “social currency” This currency needs to be one that others respect.
- Help friendships along by increasing their “social currency”
- Clubs: (Special Interest)
Match individuals with similar interests
 - Computer, Music, Entomology
 - They don't have to be formal, but they do need to be supervised



➤ Library:

- Reading club, research club, showing other students/peers about favourite subject (but not another adult), play games

➤ Rent – a – friend:

- This is where you invite a friend to play, and when the ASD child leaves, the parent steps in and plays with the child and then when the ASD child is ready to step back in, the parent quietly moves away. This way both children have a good time and the friend will want to return.



➤ Playing soccer:

- Teach the micro skills of playing soccer
- Use two or three students who can play to help teach him

